



## BEST POSSIBLE MEDICATION HISTORY (BPMH) FORM: MEDICATION RECONCILIATION

### Medication Reconciliation at Alberta Health Services

Medication Reconciliation (MedRec) aims to standardize and support safe medication practices across Alberta Health Services (AHS) and Covenant Health. Through MedRec, an accurate list of all of a patient's prescribed medications, prescription, non-prescription and over-the-counter drugs, supplements and herbal remedies is collected and communicated to other healthcare professionals as they become involved in the care of the patient. This record is also compared with new medication orders and helps to provide better, safer care for patients.

#### Best Possible Medication History (BPMH) form

In March 2017, a new "Best Possible Medication History (BPMH)" form will be added to Alberta Netcare and available for print. It is pre-populated with dispensed prescriptions recorded in the Pharmaceutical Information Network (PIN) and can be used to complete the BPMH, admission orders and maintained as a permanent part of the chart.

#### How does the BPMH form improve and support the MedRec process?

- 1) The form saves time — it reduces the need for manual transcription and is easier to read.
- 2) The form is user-friendly — it allows clinicians to reconcile and include comments beside each medication.
- 3) The form is convenient — as an AHS and Covenant Health-approved form it can be retained in patient's charts.

#### Does this new form change the MedRec requirements?

MedRec has not changed; this form provides an option to facilitate your area's current MedRec processes. The new form does not remove the requirement to validate patients' medication history with two sources. This form serves as one source, and a patient/caregiver interview serves as a second source.

#### Who should use this form?

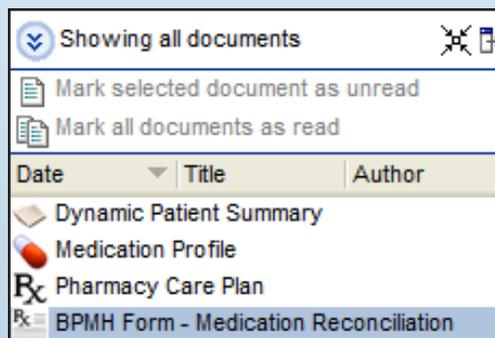
For anyone collecting and documenting a BPMH and reconciling medications, this form is one option.

#### How was the form developed?

The BPMH form was developed as part of the MedRec program at AHS. Consultations and Human Factors usability testing with key stakeholders (physicians, nurses, pharmacists) took place within AHS to develop the form to ensure that it adheres with current AHS policies and processes, and that it will streamline the MedRec process.

#### Where can I find the form?

The form is accessible from Alberta Netcare Portal, in the Clinical Document Viewer, directly below the Medication Profile and Pharmacy Care Plan links.



#### How do I complete the form?

Materials are available on the Alberta Netcare Learning Centre to help you learn how to use the form:  
[www.albertanetcare.ca/learningcentre/MedRec.htm](http://www.albertanetcare.ca/learningcentre/MedRec.htm)

#### Need Help?

For technical issues, please contact the AHS Service desk for your zone.

For non-urgent inquiries about the MedRec program, contact the AHS Medication Reconciliation team at [medrec@ahs.ca](mailto:medrec@ahs.ca).

Covenant Health staff can contact  
[Medication.Management@covenanthealth.ca](mailto:Medication.Management@covenanthealth.ca)